



## Welcome

## News

## What's On



### Plant Wish List

After a recent drive to Exmouth via Kalbarri, we came back with a wish list of plants for our garden. Due to the recent unseasonal rains, there were many desirable plants on show.

What we were forgetting was that many plants that we see in the north of WA are unsuitable to grow in our gardens.

Fortunately, some have been tamed and are tolerant of Perth cold wet winters, eg,

**Grevillea petrophiloides**



Others may be grown from seed out of season in late spring, eg, **Swainsona formosa (Sturt's Desert pea)**.



Others like the exmouth daisy are not available in Perth, but luckily we have alternatives of growing the swan river daisy by seed or *Brachyscome* sp. - Jackie & Alec



### Pruning Australian Plants

There can be some hesitation when considering pruning Australian plants, but there are some simple rules to follow for great results. Join Ross to learn the tips and tricks in pruning Australian Plants.

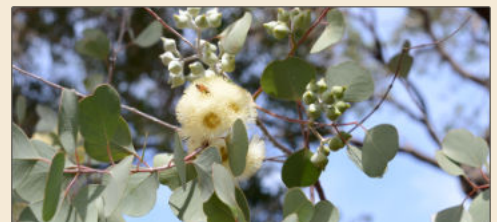
**10am Saturday, 23<sup>rd</sup> July.**  
**Gold coin donation to Kanyana.**  
**RSVP: 08 9454 6260**



### Building a Healthy Soil

Join Linda and Paul from the Green Life Soil Company to learn about what it takes to create a healthy productive soil for growing your vegetables and plants.

**10am Saturday, 27<sup>th</sup> August.**  
**Gold coin donation to Kanyana.**  
**RSVP: 08 9454 6260**



National Tree Day is Sunday 31<sup>st</sup> July. For more info visit:

<https://treeday.planetark.org/>

### Welcome to Winter

Winter is a fantastic time of the year for the Australian bush. There are many plants that put on their best shows during the cold wet months of winter. These include grevilleas, calothamnus, eremophilas and of course some stunning hakeas. Feel free to pop in for a stroll in our gardens to see what is flowering now.

In this newsletter we look at how to keep your potted plants healthy and starting a new garden in Northam. Talks are back on at Zanthorrea and we are pleased to welcome Linda and Paul from Green Life Soil Co to talk to us about building a healthy soil.

Happy gardening, Ross, Jackie, Alec and the team at Zanthorrea.



### Welcome to Anna

I am pleased to welcome Anna to the Zanthorrea team. Anna started with us doing a work experience placement during her Horticulture studies and is passionate about Australian plants, wildlife and photography.



## Winter Gardening

### Starting a New Garden in Northam

6 months ago my husband, myself and our dogs moved to 5 acres in Northam. Formerly a horse property, the land consists of a fenced yard of approx. half acre, containing a couple of trees, a half dead lawn and a couple of tough surviving shrubs and succulents. Outside this yard, the paddocks contain a few trees and mostly bare ground. On moving in I was excited by the prospect of a blank canvas, but quickly realised it is going to take years to achieve my ideas. My advice in this situation is to start near the house and work on a few small sections at a time to avoid overwhelming yourself. Take time to sit and visualise different possibilities.



My first priority was to plant a few shrubs on the front fence-line to make the place feel more homely and to plant a privacy screen in the backyard. Being new to growing in clay soil I actually made the mistake of overwatering my new plants, not realising how long the soil actually stays damp even in the peak of summer heat. To check the soil moisture it was necessary to break through the top crust and have a feel underneath.

So far I am pleased with my successful establishment of: Hakea 'Burrendong Beauty', Grevillea 'Amethyst', Eucalyptus

macrocarpa, Hakea laurina, Ricinocarpos tuberculatus and Grevillea 'Moonlight'.



Another unexpected hurdle here has been dealing with Caltrop weeds and their seeds. A friend suggested I borrow my husband's oversized thongs and stomp around the yard to collect up the seeds for disposal!

I would love to hear other stories from our customers of their garden successes in the Wheatbelt. - Rose



### Zanthorrea Shady Garden

Graeme has been busy planting out this garden bed with new plants. It would be considered dappled shade and has some root competition from large trees. Some of the hardy choices we have found work well are: Correa alba, Westringia longifolia and Guichenoltia ledifolia (below).



### Aphids

These little sap sucking pests can fly between hosts and breed up in numbers incredibly fast! Luckily they are easy to treat with a Natrasoap or Eco Oil spray. Ladybugs also like to take care of them for you!

### Volunteer Plants

It is great fun seeing volunteer plants pop up in the garden, but sometimes they may be a plant that can cause problems for the garden or local bushland.

To ID a potential weed or pest use MyPestID app to find out its name.



### An Example of Hard Pruning

Recently Graeme decided the formal lollipop Syzygium 'Bush Christmas' needed more than their standard trim and went for a hard prune. Here you can see them re-shooting from old wood with the plant in the background representing how they used to look. Not all Australian plants respond well to a hard prune. If you would like to know which ones, pop in for a chat, or attend our workshop end of July.



## A Healthy Looking Garden



### Winter Flowers - What's Looking Good?



**Hakea orthorrhyncha.** The bird beak hakea is a stunning winter flowering addition to the garden. These hakeas are unusual in how the flowers pop out of the old wood. The seed pods look like little bird beaks and are great for kids' arts and crafts.



**Banksia ashbyi.** One of the brightest oranges in the garden! Naturally they grow up north of WA along the coastal regions in sand soils. Currently we have a dwarf form that will make an ornamental small tree to 2m high. In a pot, they like a well drained soil like Zanthorrea Potting mix.



### Good Things to Those who Wait

Our **Banksia menziesii** has put on its first show of flowers this year. It has taken 4 years from the date of planting which is typical for seed grown Banksias. Next year it will be looking even better!

### New Bush Tucker Plants from Tucker Bush



#### **Cinnamon Myrtle**

It is the first time we have had *Backhousia myrtifolia* in stock, and they are looking fantastic with a cute little cluster of yellow flowers. The leaves can be used in place of the conventional cinnamon to flavour curries, stews and soups.

They also make a lovely little tree in the garden or can be kept smaller in a pot.



#### **Chamelaucium 'Jambinu Zest'**

This attractive form of Geraldton wax also has a tasty edible foliage. The flavour is similar to Lemon Myrtle and can add a tangy pleasant flavour to sauces, stocks and botanical gin! It is an easy to grow medium shrub to suit a sandy sunny garden.



We have a great supply of the popular **Lemon Myrtle** (*Backhousia citriodora*). Call the nursery today and we can pick out a nice one for you.

### Potted Plant Health

Just like us, plants may need a little help to stay healthy. Nutrients, plenty of sunlight (but not too much) and watering to suit. If you are growing Australian native plants in pots, then choosing a good potting mix is critical as it must supply all of the plants' needs.

1. Start with a good quality potting mix and ensure there is good drainage.
2. Fertilise once or twice a year with a balanced fertiliser. At Zanthorrea, we use and recommend Troforte CRF.
3. Add beneficial microbes to the soil. Use Gogo Juice 4 times a year to increase the productivity of your soil with microbes.
4. Protect your microbes with mulch. Exposed soil can get very hot and may kill off the beneficial microbes. Chunky pine bark mulch will help protect your soil.
5. Healthy plants are more pest and disease resistant.



Finally check on your potted plants regularly. If you notice something not quite right, seek help from your local garden centre to address the problem.

~ Ross



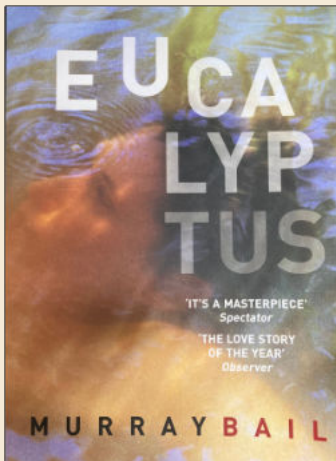
## Winter Warming Ideas

### Feature Books

**“Cooking with the Oldest Foods on Earth”**  
By John Newton  
\$29.95.



Get to know Australia's important bush foods! A compact, easy to read book that explains the uses, preparation and history of bush foods such as wattleseed, lemon myrtle, pepperberry and warrigal greens with recipes included. Cook up a storm on a rainy day! I like the sound of macadamia and lemon myrtle crumbed fish fillets.



**“Eucalyptus” by Murray Ball**  
\$22.95

A quirky novel about a man who plants every named Eucalyptus on his property in New South Wales. He then puts out a challenge that only the man who can correctly identify all the trees can marry his daughter. Interesting reading for those who like the stories behind plant names.



### Time for a Cuppa?

We have recently restocked our Roogenics range of native herbal teas and native culinary herbs and spices. One of our best sellers is the “Native Anti-inflammatory” tea bags. Native ingredients lemon myrtle and pepperberry work to increase the absorption of curcumin, (the active component of turmeric) to reduce inflammation in the body. Also warming and tasty!

Pictured: Box of 18 teabags \$17.95. Handmade mug by local ceramicist Angela Ellis \$39.95.



For added zing, why not try some Roogenics honey, infused with Kakadu plum and lemon myrtle, the extra vitamin C will help keep winter bugs at bay. 380g jar \$36.95.



### Keep Warm and Dry!

Winter woolies are back at Zanthorrea! Koorungal scarves and beanies come in a range of colours and chunky knit styles. Pictured: Rose is modelling a beanie and scarf. \$39.95 each.



### Sloggers Shoes and Boots

Keeping your feet dry has never been so much fun with Sloggers garden shoes and gumboots. We have plain coloured shoes in red, black, green and blue-green whilst patterned designs include chickens, bees, horses and flowers. For a comfortable fit, also check out the Sloggers Slushboot: a gumboot with stretchy calf section for easy on-and-off.

Plain garden shoes: \$88, Patterned shoes: \$99, Patterned gumboot or Slush boot \$132.



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