



Welcome



A very warm wintery welcome. Reliable rainfall has been a big concern this year, with many months below the average. Choosing plants that can survive with minimal water will become increasingly important. We have many drought tolerant plants, so feel free to pop in and pick our brains.

This issue we are looking at weeping plants, home made pest remedies, recycling and returning it back to the earth. There are many ways we can help our gardens thrive, while also reducing waste and landfill. We hope you enjoy this Bush Telegraph, and find plenty of time to enjoy the winter garden.

Ross, Jackie and the Team.



Introducing Riley

Here is our new team member Riley. We hope you give him a warm welcome to Zanthorrea. As he is still very little, he will only be going on short supervised visits around the nursery for meet and greets.

Update

Zanthorrea has Solar

Next time you are in, have a look at the roof of the staff room. It has been fitted out with 12kw of Solar power that will off set the power used at the nursery.



Solar on the roof of the staff room.



Planet Ark National Tree Day

This year National Tree Day is on Sunday 30th July. To get involved visit <http://treeday.planetark.org/> to find what is on, or simply get out in the backyard and plant a tree.

Trees are very important to our planet, and it is our job to ensure there are enough trees per person.

Email Bush Telegraph

Join up for the email version of the Bush Telegraph and be rewarded. We would love as many people as possible to make the switch to the email version to save on paper. Along with a quarterly newsletter you can choose to have event reminders on upcoming talks and Kanyana plant of the month updates.

To make the switch email info@zanthorrea.com with your details.

What's On



Mammals in our Bush

Join us for a fun and informative talk by Eric McCrum on the mammals that live in the local bush.

RSVP essential on 08 9454 6260.

10am Sat 15th July.

Gold coin donation to Kanyana.



Creative Hanging Baskets

Janine Fielder was the proud winner of the Perth Garden Festival Hanging Basket Competition. Join Janine to learn some tricks and tips on creating gorgeous hanging baskets.

RSVP essential on 08 9454 6260.

10am Sat 19th August.

Gold coin donation to Kanyana.

Oxfam Trailwalker Sausage Sizzle

Save the date: Saturday 2nd September we are holding a sausage sizzle to raise funds for the Oxfam Trailwalkers, who are busy in training for the 50km 24 hour event September 23-24. All donations go to Oxfam's fight against poverty.



A Sustainable Backyard

“The ‘war on waste’ is a hot topic right now. It has sparked plenty of debate about how we live within our environment and what we leave behind. As home gardeners we can do lots to reduce the amount of waste in the garden and live more sustainably.”



Grow your own food

Consider downsizing the lawn area and turning some of it into a veg garden. This is a great way to reduce food miles. Pots and hanging baskets are also convenient for growing veges. They can be moved according to the weather and aspect.

Choose vegetable varieties that perform well in our environment. The following we think are some of the best producers here in WA:



- Tomatoes- long fruiting periods, fresh and preserved. For early spring the Cherry Tomatoes work best.
- Pumpkins- Grow in summer, they store well, ready for winter cooking.
- Beetroot- dual purpose, use a few leaves whilst roots are developing.
- Sprouting broccoli- harvesting

lasts for a couple of months rather than growing the one head varieties.

- Garlic- stores really well, not much space needed! Less food miles than overseas.
- Beans and peas- add nitrogen to the soil and grow tall so less space is needed. Beans in summer.
- Potatoes- store them correctly and they will keep well, decent crop off a small area. Plant in winter.
- Onion/spring onion- fit into the gaps around other veg, harvest as needed, some bunching varieties available.
- Silverbeet- plant a few at a time, many uses in cooking, long life, important greens. Plant all year.
- Cucumbers- grow climbing varieties in small areas, use fresh or pickled. Plant in spring.
- Sweet potatoes- use vacant spots in the garden and grow as a groundcover, harvesting when needed.



Use manures and fertilisers that are natural based and/or locally produced.

Recycling pots

Did you know all plastic pots can be recycled. The black pots you buy are the only ones with a recycled plastic component to them. That's why we grow most of our plants in black pots. Some councils also recycle these in the yellow top bin. If you aren't sure though contact your council or checkout:

RecyclingNearYou.com.au

Return it back to the Earth

For really healthy soil use food or garden waste for the compost bin or thrown to the chooks. If you can't fit a compost bin in your backyard checkout: **www.kooda.com.au** These guys offer a bucket for you to collect your scraps in, which they then collect regularly and turn into compost for you with scraps collected from many other homes and cafes.



Also check out: **www.smallfootprintfamily.com** for a list of 100 things you can put in your compost and some more sustainable ideas! Opt for twine in the garden instead of plastic alternatives. Once finished with, cut off the plants and add to the compost heap. Coffee grounds add more organic matter to your soil and the snails aren't a fan of the caffeine!



Reuse old pots to create a snail and slug barrier in the veg garden.

Simply cut out the bottom so the roots can grow through and stick the copper tape (available at Zanthorrea) around the pot to make a barrier they won't cross. - Ross



Into the Garden



Acacia 'Lime Magik'

Weeping Elegance for any Garden

If you are looking for a weeping tree for your garden, there is one to suit whether it is large or small.

For the larger gardens:

Acacia cognata 'Lime Magik' - With bright foliage colour all year round. 4m high.

Agonis flexuosa - The WA peppermint has lovely aromatic foliage. 6m high in 10 years.



Callistemon 'Dawson's River Weeper' - One of the more dense weeping trees, good for screening and for bird attracting. 3-5m high.

Eucalyptus caesia 'Silver Princess' - Has an open canopy and brings elegance to a garden.

Or for something smaller:

Leptospermum 'Cardwell' - This tea tree comes with either pink or white flowers. 1.5-2m high.



Casuarina 'Cousin It' - A low mounding plant in the ground, or when planted in a pot or over a retaining wall a beautiful weeping cascading specimen.

Nematode Cure

If you have an area prone to nematodes, try this organic approach:

Plant a crop of Mustard seeds (just buy a pack from the supermarket). Sow and allow to grow to knee high then cut them back and pull up the plants. Dig the foliage into the soil. As the plants decompose they release mustard gas. - Diana

Home Made Pest Remedies

Soft-bodied Insects:

Mix one tablespoon of Canola Oil and a few drops of ivory soap* into a 1 litre spray bottle. Spray the plant leaves from above and below. The oil suffocates the insects.

* Ivory soap is also known as Lux Soap Flakes.



Red Spider or Two Spotted Mites.

Mites and other insects:

Mix two tablespoons of hot pepper sauce or cayenne pepper with a few drops of ivory soap into 1 litre of water and leave over night. Spray onto affected areas, shaking container frequently during application. - Lisa Passmore

Plants to look out for, Now in Stock

Conospermum triplenerium (Tree smoke bush)

An open shrub producing masses of lovely woolly, grey flowers in spring and summer.

Likes well drained soil, tolerates frost and can be grown in full sun to part shade.

\$17.95 each.

Alpinia caerulea (Native ginger)

An understory perennial bush tucker herb growing to 3 metres from Eastern Australia.

Produces edible blue berries. Seeds can be crushed and used as a spice.

\$16.95 each.



Anigozanthos manglesii (WA floral emblem)

The well known red and green kangaroo paw is best treated as an annual and generally dies down completely over summer, though sometimes you will get a second year out of them. Planted now they will flower beautifully in spring.

Punnets of six \$3.95 each.

- Lorretta



Winter Delights



Soak it Up

Run the bath and try out these heavenly blends of Himalayan bath salts and essential oils from Little Innoscents. Essential oil blends are also available. We have new stock of Dindi Naturals products and Import Ants body brushes to keep you feeling squeaky clean!

A Winter's Night

It's that time of year again. The days are shorter, the nights are longer and cooler. It's perfect for spending time with loved ones around a fire, maybe even under the stars, enjoying some great tasting Australian produce.



Soon we will be stocking a lovely range of FSC grown Acacia wood products. The range includes olive trays, cutting boards, cheese platters and more.

• Serve lavosh crackers in Fennel and Thyme, Beetroot and Charcoal by Asterisk Kitchen. My favourite is the Fennel and Thyme. Team it

with some of the products from the Outback Chef.



• Try Native Tamarind fruit paste with a tangy brie. Or the Davidson Plum fruit paste with any cheese, or possibly Tasmanian Blue Cheese as recommended by the Outback Chef herself!



• Maybe some local 'in-season' honeys too. A glass of locally made Sparkling Honey or Sparkling Honey and Ginger by The House of Honey will go down just nicely!



• Something warm instead? Try a hot Wild Mint and Lavender Tea or Australian Roasted Wattleseed. Perhaps the Wild Lemongrass and Ginger can tempt you.

• If you prefer something more traditional, try the House of Honey's 'honey tea', black tea with a sweet honey flavour. This is a treat with some WA sandalwood and Jarrah honey nougat!



Friendlier options for the Garden

Go-Go Juice: Probiotics for plants! Add some beneficial bacteria to the garden for improved soil health! Can be applied to new or established gardens. Treats up to 2000 m2 1Lt \$18.95

Naturesway Organic Weed Spray: clove oil and acetic acid dehydrates and burns the weeds on contact. Can also be used on problematic moss and algae on paths. Registered organic! \$20.95.



Deterrents: Try tricking those pesky cabbage moths with a pack of fake imposters! \$7.95, pack of 6

Snail gel: Keep seedlings safe by applying a slime trail barrier, a non toxic solution to children and pets, made from potato starch. It provides protection for up to two weeks. \$13.95 (650ml) - Danielle



Zanthorrea nursery

155 Watsonia Road, Maida Vale
Western Australia, 6057

Phone: (08) 9454 6260
www.zanthorrea.com
info@zanthorrea.com